

## THE ROAD TO NIRVANA

The universe is sacred. You cannot improve it. If you try to change it, you will ruin it. If you try to hold it, you will lose it. Hey, this isn't a vacation anyway. This is a road rally. Feeling clueless? Hint: this is the road to tranquility, Nirvana, inner peace, inner balance, and that really great prize you could win . . . (hint # 2: never plan a road rally). But you are special, for the hustle and bustle of life have completely distorted your perspective, your karma, as you find yourself with each successive working day approaching a routine, irritating, and meaningless existence. Some call it kayanosquatsi: a way of life that calls for another way of living. Others have coined a rather disturbing and all too familiar phrase: a life of quiet desperation.

When I was young, I felt that if I could hold my breath an extra long time, I could cheat death. I found that being held underwater was a real motivator, or was I walking on water? But the only water is the ocean and it's tough to step all over those waves and you certainly don't have enough time to hold everyone underneath the surface so that this tormented humanity can finally live in peace. The important thing is to ride the wave to the beach. But even before that, you must first know who you are before taking a wave, or a road rally, anywhere.

In your predicament, you meet a guru on the coast who offers you wise advice . . .

### 1. Taoism #34

The great Tao flows everywhere, both  
left and to the right. It has no aim; it  
is very small. But if you eat the Golden  
Lotus, and take a righteous bench, you  
can let the trip begin.

2. What is the essence of life? Water? . . . or oil?  
Oil rises to the top. Let's talk about numbers.  
The #5 in particular, which is ruled by Mars and  
whose last day is Tuesday. Pythagoras of Samos  
is the Father of Numerology. Everything boils down  
to a number, from the letters of your name to your

birthdate. Your very identity is classified in  
numbers, from your license plate to your address.

The number one stands for independence,  
creativity, and persistence. Also for fearfulness  
and laziness.

The number five stands for clever.

The number five stands for adventurous.

The number five stands for versatile.

Adversely, it also stands for rash, oversexed and  
forgetful.

The number five's journey in life is to  
encounter people and experiences that will teach them  
to value unconventional lifestyles and unexpected  
opportunities and how to recognize the difference  
between constructive and unproductive restlessness. Now,  
I'm not talking nipple piercing, Nazi sects,  
animal worship or child sacrifice. Not in Del Mar. I'm  
talking about simple things like aromatherapy, oils,  
water, incense . . . the essence of Body and Soul.  
Find this place of experience.

### 3. Taoism #42

Tao begot one.

One begot two.

Two begot three.

Three begot 10,000 things.

Breath or wind passing over the sea, stirring it,  
also recalls the basic creation myth of the universe born  
from an abyss, stirred by the goddess' word, song and dance,  
or by the breeze of her own passing. In the mind's  
unconscious lies the possibility of hazy unrestrained  
elements, gliding in a situation where they may be very hard  
to see. But try Torrey Pines Scenic Drive. With the wind  
beneath your wings, time seems eternal. In this void,

Breath blends with,  
and disappears into  
the air. Nonetheless,  
it is essential to  
life. One must pay  
attention to what  
seems invisible. Try  
to phone your psychic.

### 4. Ahh, that wave happenin', rockin' my hood, surfin' my goat, shakin' my grooved granite reading room.

Taoism #45

Great straightness seems twisted,  
Great intelligence seems stupid.  
But hey, that's in China, in Japan. A man  
Hokusai painted a wave, I'm sure you've seen it.  
But from the "Zen" standpoint, children think  
the wave is a "thing," a separate body of water  
moving over the surface of the sea, and different  
from the other waves and from the sea itself.  
When they are taught to observe carefully, they  
find there is nothing distinguishable as a  
separate wave; the wave is a moving phenomenon  
in the great sea. It still makes sense to speak  
of a wave, but only as a theoretical separate  
entity.

5. Taoism #43

Darkness within Darkness,  
The gate to all mystery,  
The safest thing in the Universe,  
Overcomes the hardest thing in the Universe,  
The highest notes are hard to hear,  
The greatest form has no shape,  
The Tao is hidden  
and without a name,  
In the Sound of Chimes  
and Indian dreams  
Of Spider Webs. pencil

6. The dividing line between men and Gods has never been very clear in India. If the Gods are gods, then the Brahmans are also declared to be gods by certain texts. In ancient India, at least, divinity was freely and easily acquired. Not only individuals, but trees, rivers, stones, and cows were amongst others, invested with sanctity. Not so with the Aztecs, where life's blood flowed freely on the sacrificial altar.

Old proverb: Don't put the cart before the horse.

Carriage: A horse drawn vehicle designed for private use and comfort. A wheeled support for carrying a burden. Manner of bearing the body. A moveable part of a machine.

7. Taoism #12

The five colors blind the eye,  
The five tones deafen the air,  
The five flavors dull the taste,  
Racing and hunting madden the mind,  
Precious things lead one astray,  
The sage is guided by what he feels,  
And not by what he sees,  
He lets go of that and chooses this.

Taoism #15

All things from Tao,  
They are nourished by virtue,  
They are formed from matter,  
They are shaped by the environment,  
They are in the nature of things.

Zephyr - God of the Gentle West Wind.

Anthesis - the action or period of opening of a flower.

Hybrid - animal offspring or plants of different races, breeds, varieties, species or genera.

8. Taoism #5

The space between heaven and earth,  
Is like a bellows.  
The shape changes, but not the form,  
The more it moves, the more it yields,  
More words countless,  
Hold fast to the center.

Obelisk: upright 4 sided usually monolithic,  
or leopardic, pillar that tapers to  
a pyramidic point.

Obelus: Used in ancient manuscripts to mark  
a questionable passage.

Obelia: Anyone of a genus (obelia) of small  
colonial marine hydroids with  
colonies branched like trees.

Lyceum: a hall for public lectures or  
discussions; an association  
providing concerts and entertainment.

9. Taoism #69

There is a saying among soldiers:  
I dare not make the first move but . . .  
Would rather play the guest;  
I dare not advance an inch,  
But would rather withdraw a foot,  
This is called marching without,  
Appearing to move.  
The underdog will win.  
For in your journey to find your peace,  
Scattered wisdoms have unleashed,  
A sacred place to behold,  
Where your talisman sits with stars of gold.  
Like the temple that shades it  
Near the bar  
Its five corners now offer you  
The serenity you seek.

Tao of Pooh

Those who do things the Pooh way,  
Find this sort of thing happening,  
To them all the time.  
It's hard to explain except by example,  
But it works.

HOTLINE:

#### Little Clues

1. Note under bench at Self-realization Fellowship

Going forward seems like retreat,  
The easy way seems hard,  
The perfect square has no corners.  
If Buddha were here he'd make you  
walk the beach. But hey, it's the  
90's so drive, drive, drive. Remember,  
time is money in America. Enjoy the  
scenery. Go to Del Mar. Don't worry,  
it only has one through street,  
Camino Del Mar. And when you get to  
your destination, tell Stacy at the  
counter this phrase:

Peter Pater picked a peck of pickled peppers,

But other pickers pricked his pick with a  
pitter patter prank,  
Practice makes perfect Peter preached,  
So he packed his proper pistol,  
And made the pranksters walk the plank.

2. Taped to oil bottle at Essence Del Mar  
With plane

In Western Gnostic and Mithraic traditions

Gnostic: knowledge of spiritual truth essential  
to salvation. Matter is evil. Wisdom is a  
treasure that can never be lost, stolen, or  
corrupted by time or by human weakness.

Mithras: per God of Light, oriental mystery  
cult for men flourishing in the late Roman  
Empire.

Mithridate: an antidote against poison.

Miterwart: any of genus Mitella of rhizomatous  
perennial herbs of the saxifrage family that  
bear a capsule resembling a bishop's miter.

The gate of heaven was guarded by the paternal  
figure called Pater, Petra, Peter or Pater  
Patrum (Father of fathers). He judged the airy  
souls to determine if they were worthy of  
admittance to the paradise among the stars.  
(All rallygoers will now anoint themselves

with oil. There will be a smell judgment passed on their arrival at Rally's end.) Now head south on N. Torrey Pines Road.

3. Under shelf in phone booth at Glider Port

Drugs, drink, travel, anything that offers Nirvana is a temptation either to be seized greedily or pushed hurriedly away. The first step to balancing the challenge is to say: " I want to be free." How to find this freedom is in the stars, the grooves of the palm, and the reflection of a crystal ball. To find a happy medium, dial (310) 540-6019, and press two. And don't proceed to CSheet #4 until you've made the indicated detour.

Answering machine message: This is your psychic Bartholomew calling. I hope your dreams of inner peace are being met. If not, go back up the road and in the brush across from the Salk you'll find a dangling tree ornament that will advise you of the path to Nirvana. But don't fuck with the Mexican pinata or a Satanic forces will turn you into a lawyer. It's for someone more anal than you.

- 3.5 In Chinese lantern

Your Prospect on the Coast  
converges,  
To a place where the self emerges,  
To La Jolla travel down a piney  
reach,  
And surf there on the sandy beach.

4. In wave mural at LaJolla cove  
with pencil

To think of not-thinking is to think another thought. Giving up thinking and not-thinking, rest in natural purity. LaJolla to Mission, and a left on Grand, is the place to make your stand.

5. In dream web at Mission Bay golf course  
On back of Bazaar del Mundo map

The pyramid was known as the ultimate temple of peace and inner harmony. As far back as the era of Montezuma and the Mayan civilization, these bold monuments were the synapse from which all ethereal beings connected with mere mortals. Go south on five and take a left at the Old Town Ave. exit. Good luck!

6. At carriage in Bazaar del Mundo with fan

Blunt the sharpness, untangle the knot,  
Soften the glare, merge with dust. And  
Vasco Nunez was another who searched  
for peace. He even named an Ocean for  
this concept, this inner state of being.  
At the King's behest, he set sail with  
the sun behind him, leaving the harbor  
for greener pastures. Fan the flames of  
discovery, but be selective. Forget  
the fish. I don't know where you'll  
park, but shelter yourselves from  
where flowers float.

7. Clue at Botanical Greenhouse at Balboa Park  
in Zephyranthes plot.

Taoism #57

The more laws and restrictions there are,  
The poorer people become.  
The sharper men's weapons,  
The more trouble in the land.  
The more ingenious and clever men are,  
The more strange things happen.  
The more rules and regulations,  
The more thieves and robbers.  
Take no action.  
Enjoy peace.  
Do nothing, have no desire.  
Park or twelfth to Broadway.  
Hpolratzoan

8. Insurance Map in C of Lyceum
  
9. Map at Oscar Padilla's to Ensenada
  
10. With pyramid under Aztec ruins at hotel

A rally haven beckons near,  
 At the northern house to which you steer,  
 It invites the waves upon the porch,  
 Where you must now lay down your torch,  
 And say the immortal words of your guru,  
 While blowing in and out on cue,  
 And hold this symbol please,  
 While there chanting on your knees,  
 And the gates of Nirvana will then unlock,  
 To shepherd in your tired flock.

house at Balboa Park  
 in Zephyranthes plot.

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